# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPF	ROVAL
OMB Number:	3235-0287
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nours her resnonse	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	es)															
	d Address o UT E RAN	f Reporting Person = NDALL	-				ind Ticker FTS INC		_	Symbol			. Relationship		all applicab		
P.O. BOX	*	(First)		3. Date o 04/05/2		rliest	Transactio	on (Mo	nth/D	ay/Yea	ar)		X Officer (give			er (specify bel	ow)
		(Street)		4. If Ame	endn	nent,	Date Origi	inal Fil	led(Mo	onth/Day/	Year)		. Individual o			k Applicable L	ine)
GONZAI	LES, LA 70	0707-1028										 			Reporting Person		
(Cit	y)	(State)	(Zip)				Table I -	Non-E	<b>D</b> eriva	tive Se	curities	Acquire	ed, Disposed	of, or Bene	ficially Own	ed	
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)		on D	Date,		3)	(A) (In	or Dis	sposed of and 5) (A) or	f (D) (	5. Amount of Dwned Follow Γransaction(s) Instr. 3 and 4	ving Reporte	ed	6. Ownership Form: Direct (D) or Indirect (I)	Beneficial Ownership
Common	Stock						Code	· V	/ Aı	mount	(D)	Price	500 (1)			(Instr. 4)	Ву
Common	Stock		10/16/2009				S		15		D	¢	185			I	By spouse
Common	Stock		04/05/2011				М		10	0,000	A	¢	746,964			D	Proceedings
Common	Stock		04/05/2011				М		50	,000	A	\$ 3.58	796,964			D	
Common	Stock		04/05/2011				F(2)		12	0,535	D	\$ 5	576,429			D	
Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transac Code	tion	5. N Der Sec	varrants, of fumber of ivative urities	fori ired, I option 6. Dat Expira	m dis Dispos s, con te Exe ation l	splays sed of, overtible ercisable	or Bene le secur e and	ficially (ities) 7. Title a of Unde Securities	and Amount rlying	8. Price of Derivative Security	9. Number of Derivative Securities	of 10. Owners Form o	
(Instr. 3)	Price of Derivative Security	(World Buy Tear)	(Month/Day/Year)		3)	Acq or I of (	uired (A) Disposed D) tr. 3, 4,	(IVIOII)		y, 1 car)	<b>,</b>	(Instr. 3		(Instr. 5)	Beneficially Owned Following Reported Transaction	Derivat Security Direct ( or Indir	Ownershi y: (Instr. 4)
				Code	v	(A)	(D)	Date Exerc	isable	Expira Date	ation	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4	(1)
Non- Qualified Stock Option (Right to Buy)	\$ 3.15	04/05/2011		М			100,000	<u>(</u>	(3)	08/25	5/2016	Comme Stock	100 000	\$ 0	0	D	
Non- Qualified Stock Option (Right to Buy)	\$ 3.58	04/05/2011		М			50,000	(	<u>(4)</u>	06/10	0/2018	Comme Stock	1 50 000	\$ 0	0	D	

### **Reporting Owners**

D		Re	lationships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
CHESTNUT E RANDALL P.O. BOX 1028 GONZALES, LA 70707-1028	X		President and CEO	

## **Signatures**

_		 
	Olivia Elliott on behalf of E. Randall Chestnut	04/07/2011
	**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Reporting Person acquired beneficial ownership of these shares upon his marriage to the owner of the shares on July 28, 2009.
- This transaction represents the withholding of 120,535 shares of common stock to satisfy the exercise price and tax withholding obligations incurred by the Reporting Person upon the exercise of the options granted to the Reporting Person on August 25, 2006 and June 10, 2008.
- (3) The option vested as follows: (a) 50,000 shares on August 25, 2007; and (b) 50,000 shares on August 25, 2008.
- (4) The option vested as follows: (a) 25,000 shares on June 10, 2009; and (b) 25,000 shares on June 10, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.